

APPETIZERS 5.49

☞ Indicates appetizers served with a pita bread [adds 400 cal]

☞ **KASHK-O-BADEMJAN**
A mixture of sauteed eggplant, onions, garlic and yogurt (V)
[600 cal]

☞ **HUMMUS**
Mixture of mashed chickpeas, tahini sauce, lemon juice, fresh garlic and olive oil (V)
[430 cal]

FALAFEL
Fried chickpea patties, served with tahini sauce (V)
[690 cal]

DOLMEH
Stuffed grape leaves (V)
[250 cal]

☞ **MUST-O-MOOSEER**
Homemade yogurt mixed with shallots (V)
[100 cal]

(V) Vegetarian

SANDWICHES 10.99

Wrapped in a house pita bread with lettuce, tomatoes, onions, and feta cheese, with yogurt cucumber sauce on the side [adds 50 cal]

(NO SUBSTITUTIONS PLEASE)

MOBY'S SPICY GROUND CHICKEN

Ground chicken, grated onion, jalapeño and cilantro with house seasoning
[740 cal]

MOBY'S JOOJEH

Chunks of boneless chicken breast marinated in house seasoning
[890 cal]

MOBY'S GYRO
Sliced seasoned beef with garlic sauce
[1330 cal]

MOBY'S GROUND LAMB
Ground lamb, grated onion with house seasoning
[810 cal] *

MOBY'S KUBIDEH
Ground beef, grated onion with house seasoning
[760 cal] *

ENTRÉES

Served with a **choice of rice** [adds 500 cal], **salad** [adds 300 cal] **OR 1/2 rice + 1/2 salad** [adds 390 cal], Entrées come with 1/2 pita bread [adds 200 cal] & yogurt cucumber sauce [adds 50 cal]

KUBIDEH KABOB 14.49
Ground beef, grated onion with house seasoning [390 cal] *

GROUND LAMB 14.99
Ground lamb, grated onion with house seasoning [420 cal] *

JOOJEH KABOB 14.49
Chunks of boneless chicken breast marinated in house seasoning [320 cal]

CHENJEH KABOB 16.99
Chunks of beef marinated in house seasoning [420 cal] *

BARREH KABOB 17.99
Chunks of lamb marinated in house seasoning (H) [330 cal] *

SPICY GROUND CHICKEN KABOB 14.49
Ground chicken, grated onion, jalapeño and cilantro with house seasoning [350 cal]

MOBY'S COMBO I 18.99
Combination of Kubideh and Chenjeh [620 cal] *

MOBY'S COMBO II 17.99
Combination of Kubideh and Joojeh [510 cal] *

MOBY'S COMBO III 19.99
Combination of Kubideh and Barreh [530 cal] *

MOBY'S SUPER COMBO 21.99
Combination of Joojeh and Chenjeh **OR** Barreh +\$1 [740/650 cal] *

SALMON KABOB 17.49
Marinated chunks of boneless fish in house seasoning [410 cal] *

MOBY'S GYRO 12.99
Sliced seasoned beef with garlic sauce [760 cal]

ALL PROTEINS ARE HALAL EXCEPT GYRO.

FAMILY PLATTERS

Served with rice **OR** salad, pita bread and a side of yogurt cucumber

FAMILY PLATTER #1 (SERVES 3-4) 49.99

3 skewers Ground Meat (Beef, Lamb **OR** Spicy Chicken)
1 skewer Joojeh
1 skewer Chenjeh **OR** Barreh +\$1 [3570/3480 cal]
2 appetizers or desserts [adds 280-1180 cal]

TRY A FAMILY PLATTER!

FAMILY PLATTER #2 (SERVES 5-6) 79.99

5 skewers Ground Meat (Beef, Lamb **OR** Spicy Chicken)
2 skewers Joojeh
2 skewers Chenjeh **OR** Barreh +\$1 [5430/5250 cal]
3 appetizers or desserts [adds 300-1770 cal]

NO SUBSTITUTIONS ON FAMILY PLATTERS

* Notice: Some menu items contain or may contain raw or undercooked ingredients. Consuming raw or undercooked eggs, steaks, hamburgers, fish and seafood may increase your risk of food-borne illnesses. We use nuts and nut based oil in some of our menu items.

If you are allergic to nuts, or any other food, please let your server know.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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VEGETARIAN

All entrées are served with a **choice of rice** [adds 500 cal], **salad** [adds 300 cal] **OR 1/2 rice + 1/2 salad** [adds 390 cal], Entrées come with 1/2 pita bread [adds 200 cal] & yogurt cucumber sauce [adds 50 cal]

All sandwiches come with a side of yogurt cucumber sauce [adds 50 cal]

SANDWICHES

10.99

VEGGIE DELIGHT [780 cal]
Ripe avocado, provolone cheese, mushrooms, tomatoes, spinach and mayo, wrapped in fresh pita bread

MOBY'S MELT [880 cal]
Melted provolone and American cheese, fresh mushrooms, onions, tomatoes, and spinach, wrapped in fresh pita bread

FALAFEL [1200 cal]
Fried chickpea patties, served with tahini sauce

(NO SUBSTITUTIONS PLEASE)

ENTRÉES

12.99

MOBY'S VEGGIE [1010 cal]
Sauteed fresh mushrooms, onions, tomatoes, and spinach

MOBY'S VEGGIE KABOB [730 cal]
Grilled seasonal veggies

FALAFEL [1480 cal]
Fried chickpea patties served with tahini sauce

SALADS

☞ Indicates salads served with 1/2 a pita bread [adds 200 cal] and House dressing [70/130 cal] unless otherwise noted

☞ **GARDEN SALAD** 4.99 sm / 7.99 lg
Mixed greens and iceberg lettuce, tomatoes, onions, cucumbers and mushrooms [90/170 cal]

☞ **MOBY'S SALAD** 5.99 sm / 8.99 lg
Mixed greens and iceberg lettuce, tomatoes, cucumber, onions, feta cheese, Kalamata olives, Peperoncini [80/170 cal]

SHIRAZI SALAD 4.49
Chopped cucumbers, tomatoes, fresh herbs, and onions served with house dressing [100 cal]

☞ **SPINACH SALAD** 5.99 sm / 8.99 lg
Spinach, cucumber, feta cheese, Kalamata olives and tomatoes [80/150 cal]

☞ **MEDITERRANEAN SALAD** 8.99

Mixed greens and iceberg lettuce, tomatoes, onions, raisins, chopped parsley, walnuts and crumbled feta cheese [130/270 cal]

SIDES

TORSHI 2.99 sm / 4.99 lg
Mixture of diced vegetables pickled in vinegar and spices [30/60 cal]

SEER TORSHI 2.99 sm / 4.99 lg
Garlic pickled in vinegar and spices [70/130 cal]

MUST-O-KHEYAR 1.25 sm / 2.99 lg
Yogurt mixed with chopped cucumbers and fresh herbs [50/100 cal]

VEGGIE KABOB 5.99 [90 cal]
SPICY GREEN SAUCE 0.75 [25 cal]
BREAD 1.99 [400 cal]
RICE 3.99 sm / 5.99 lg [270/500 cal] *
KUBIDEH KABOB 4.49 [190 cal] *
GROUND LAMB 4.99 [220 cal] *
CHENJEH KABOB 9.99 [420 cal] *
BARREH KABOB 10.99 [330 cal] *
JOOJEH KABOB 8.49 [320 cal]
SPICY GROUND CHICKEN 4.49 [350 cal]
SALMON KABOB 10.99 [410 cal]

DESSERTS

ROLETT 4.49
Delicate sponge cake filled with cream [220 cal]

MOBY'S COOKIE 3.99
Homemade (3pc) [370 cal]

HOMEMADE DESSERT

BAKLAVA 5.49
Sweet pastry made of layers of filo pastry filled with chopped nuts (walnuts **OR** almonds) and sweetened with syrup [330 cal]

BEVERAGES

HOMEMADE DOUGH 3.75 [160 cal]
BOTTLED DOUGH 3.75 [170 cal]
FOUNTAIN SODA 3.19 [0-230 cal]

BOTTLED DRINKS 3.49 [0-290 cal]
PERSIAN HOT TEA 1.99 [0 cal]
BOTTLED WATER 2.49 [0 cal]

ORGANIC POMEGRANTE JUICE 3.29

2,000 calories a day is used for general nutrition advice, but calorie needs vary.